

2 Day Lago Atitlan XC Traverse

Day 1:

We leave out from our hotel in Antigua and make our way across the valley through Antigua's neighboring villages to the base of the climb up to the Tierras Altas plateau. On the plateau we'll enjoy a few kms. of flatish terrain to catch our breath before arriving to the base of our next big climb of the day. Once we've pushed further onto the high plateau we will begin a cross-country push to the west passing through lots of small Mayan villages and farmsteads. Once on the plateau most of the positive and negative topography will be cross ravines. We'll have a delicious lunch prepared by the support van just past the half way mark. Continuing on we will drop into our mountainside B&B on some pretty sweet forest singletrack.

Ride Guide:

Distance: ~ 55 kms., Elev. Gain: 1160, Elev. Lost: 570, Terrain: Mixed

Day 2

Our ride to the lake is probably the most difficult of the two but certainly has the biggest views. A beautiful riverside trail takes us out from the hotel to the base of a climb to the indigenous town of Patzun. We must cross through town and climb out on perhaps the steepest push of the trip yet. Locally know as the "matagringo" or gringo killer there's a beer for whoever cleans it. At the top we cross the first of the major ravines of the day with yet another opportunity to earn your cold beers at days end. The climb our is steeper and longer than the last and is all single-track. Dig deep and find the "eye of the tiger" for this one. At the top we continue cross country through a couple remote settlements before crossing into our next ravine. It's a bomber descent to the bottom and short hike a bike push out the other side. One last big climb up takes us to the edge of the Lake Atitlan caldera. The drop in from here is perhaps some of Guate's best most scenic single-track. Once in Panajachel the gateway city to Lake Atitlan we'll either stop in for cold beers before heading back to Antigua or wherever else you might be going!

Ride Guide:

Distance: ~ 45 kms., Elev. Gain: 925 mts., Elev. Lost: 1580 mts., Terrain: Mixed

3 Day Lago Atitlan XC Traverse

Day 1:

We leave out from our hotel in Antigua and make our way across the valley through Antigua's neighboring villages to the base of the climb up to the Tierras Altas plateau. There, we will explore the cornfield mazes of the alti-plano and stop in at the Mayan altar to San Simon and visit the sustainable development project of Maya Pedal (www.mayapedal.org) before making our way to our rustic horse ranch B&B. Today is a mix of terrain with some pretty good climbs, the perfect way to ease into the next few days.

Ride guide:

Distance: ~40 kms., Elev. Gain 1552 mts. Elev. Lost 1283 mts., Terrain: Mixed

Day 2:

Leaving our ranch house behind we start our ride with a larger climb in the beginning of the day. Once we've pushed further onto the high plateau we will begin a cross-country push to the west passing through lots of small Mayan villages and farmsteads. Once on the plateau most of the positive and negative topography will be cross ravines. We'll have a delicious lunch prepared by the support van just past the half way mark. Continuing on we will drop into our mountainside B&B on some pretty sweet forest singletrack.

Ride Guide:

Distance: ~40 kms., Elev. Gain: 960 mts. Elev. Lost 570 mts., Terrain: Mixed



Day 3:

Our final ride to the lake is probably the most difficult of the three but certainly has the biggest views. A beautiful riverside trail takes us out from the hotel to the base of a climb to the indigenous town of Patzun. We must cross through town and climb out on perhaps the steepest push of the trip yet. Locally know as the “matagringo” or gringo killer there’s a beer for whoever cleans it. At the top we cross the first of the major ravines of the day with yet another opportunity to earn your cold beers at days end. The climb our is steeper and longer than the last and is all single-track. Dig deep and find the “eye of the tiger” for this one. At the top we continue cross country through a couple remote settlements before crossing into our next ravine. It’s a bomber descent to the bottom and short hike a bike push out the other side. One last big climb up takes us to the edge of the Lake Atitlan caldera. The drop in from here is perhaps some of Guate’s best most scenic single-track. Once in Panajachel the gateway city to Lake Atitlan we’ll either stop in for cold beers before heading back to Antigua or wherever else you might be going!

Ride Guide:

Distance: ~ 45 kms., Elev. Gain: 925 mts., Elev. Lost: 1580 mts., Terrain: Mixed