



Volcan Pacaya Day Hike and Thermal Spa

Trip Description

Hike: Volcano Pacaya (8370ft/2552m) may not be Guatemala's highest peak, however its slopes and unique landscapes are certainly of some of the most impressive volcanic landscapes in all of Central America. Set in its own National Park, Pacaya is a storybook volcano with a continuous plume of smoke drifting from its summit and a massive dried lava field forming the valley at the base of its caldera.

Our group meets at Old Town Outfitters Shop in Antigua at 07:00hrs- where drinking water, bathroom facilities and retail outdoor equipment are available for our clients. Our drive to the trailhead is just over 1-hour in private transport from Antigua to the Park Office. As our group moves up the myriad of trails on the mountain, Guatemala's impressive vistas open up before us. As we reach the base of the caldera, our guide will direct the group through the rugged dried lava fields, recently reformed by a massive eruption in 2010. No matter what conditions we encounter on the mountain, our group will have the opportunity to traverse unique volcanic-rock landscapes as we ascend towards the peak. Here the group will stop for a freshly prepared picnic to enjoy along with views of nearby volcanoes Agua, Fuego and Acatenango. There will be plenty of opportunity to explore geothermal hot-spots on the cooled lava formations - which are always available to help roast marshmallows!

Our hike down brings across the remaining dried lava fields before we begin our descent through Pacaya's lush and lesser known forests and farmland. After our hike down to the trailhead, our group will take a private transport to a thermal spa whose natural springs are heated by the linked underground activity generated by the very volcano we just climbed.

Spa: Here you will start first with a 'Thermal Circuit', consisting of immersing the body for short periods of time in natural thermal pools of varying temperatures, moving from hot to cold. The thermal pools range in temperature from 24°C to 41°C. Next you will move onto a 'Combined Steam and Hydrotherapy Bath', where you can fill your own personal tub with thermal water at your desired temperature, including a cold water shower and a steam bath. Your spa therapy will come to an end with a relaxing 25 minute massage. Afterwards you will have plenty of time to return to the natural swimming pools and enjoy a snack and fruit smoothie. Our group returns to Antigua by private transport to arrive in town at ~18:00hrs.



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Trip Information

Included in Trip Price:

- Round trip transportation from Old Town Outfitters office in Antigua
- Transport to the thermal spa
- All park and spa entrance fees
- Freshly prepared picnic lunch or dinner, and snacks served on the mountain
- Full tour of Volcan Pacaya by a local, bilingual guide with certified 1st-Aid training
- Spa therapies: Thermal Circuit, Combined Steam and Hydrotherapy Bath
- 25 minute massage
- Access to natural swimming pools at the spa
- Towel and bathrobe at the spa
- Fruit smoothie and snack at the spa

Not Included (what you need to bring):

- Hiking boots or trekking shoes (no sandals)
- Daypack with rain cover
- One warm layer and/or windbreaker
- Meals in the restaurant at the spa
- Rain jacket (May thru October)
- Personal toiletries and/or medications
- Camera, hat, sunglasses & sunscreen
- Two liters of water
- **TIP** for great service from your Old Town guide!

Trip Price:

2 PAX - US\$230 p/p
3 PAX - US\$190 p/p
4-7 PAX - US\$170 p/p

Every Old Town Outfitters' product is committed to honoring our sustainable tourism philosophy:

- Work to support the local communities in all of the areas we visit
- Respect the cultures, beliefs and traditions in all of the areas we visit
- Respect the environment, work to utilize resources sustainably, and minimize our impact