

## Valley Ride Bike Tour

## Lost Cities of Almolonga "Valley Ride" (Beginner to Intermediate Ride)

This tour is named for the Almolonga Valley - just west of Antigua - which was home of the 2<sup>nd</sup> Capital of Guatemala - Ciudad Vieja. The old city met a fateful doom in 1541 as a result of a terrible mudslide released from the crater of Agua Volcano. The city disappeared in the valley between Agua, Fuego & Acatenango volcanoes; however, the exact site of the old city is still the source of much debate...

- Escape Antigua for the day and tour the countryside by mountain bike
- See ruins one earthquake away from extinction
- Visit Lorenzo's experimental macadamia farm at Valhalla a sustainable agriculture project
- Explore the villages of Santiago Zamora and San Antonio Aguas Calientes, famous for their textiles and weavings

Start Time: 9:00am or 2:00pm; End Time: 1:00pm or 6:00pm

## **Equipment Provided:**

) Kona Mountain Bike w/ Shimano Components

Bicycle helmet

1L Old Town Outfitter's bike-mounted water bottle (yours to keep!)

All entrance fees to visited areas and facilities

Please don't forget to TIP for great service from your Old Town Guide!

Price
2 pax or more – US\$52 p/p