



4-Day Coban Underground Adventure

Overview:

This is the best opportunity to get down and dirty in the depths of the underworld in the Alta Verapaz! This trip will explore the best of what the highlands of Coban have to offer: beautiful rivers & magnificent caverns. We will don headlamps and a spirit of adventure in investigating three local grottoes. We will also enjoy the turquoise waters of Semuc Champey's limestone pools or perhaps take a float down the Lanquin River on inner tubes. This four-day excursion is not one to be missed by the true adventurer!

Day 1:

Transfer from Antigua to Coban, breakfast en route. Leaving Antigua we head to the central highlands of Guatemala. Just a few kilometers short of Coban we'll take a rest stop and hike into a secluded area where we'll find a 45 ft. waterfall cascading into a refreshing pool. During this walk among the cloud forest we'll search out the elusive Quetzal, Guatemala's national icon and most revered bird. After our hike and roadside lunch we'll continue our drive to Lanquin. Breakfast, lunch and hotel included.

Day 2:

We'll enjoy a refreshing swim before breakfast in our riverside hotel. After indulging in a hearty breakfast we'll put on our cave gear and head into Lanquin's famous cave system. Our 4-5 hour exploration will take us through immense caverns and past underground lakes in our efforts to discover the heart of the Alta Verapaz. Upon our birth to the outside world we will find a tube waiting for us for a tube run down the Lanquin River to our riverside hotel. After a well-deserved shower we'll head back to the caves to watch the exodus of thousands of bats swarm out of the cave in search of their evening meal. Breakfast, lunch and hotel included.

Day 3:

Time to pack up our gear and head over to the ridges to the isolated 8th wonder of the world, Semuc Champey. Here we will bask in the pools until your heart's content, enjoying the sun and turquoise waters. A picnic lunch at the pools tops off our decadence before we head back to our next hotel to collect our caving gear again. The cave of Can Ba is a water cave, so prepare for a wet and slippery trip into the underworld. Breakfast, lunch and hotel included.

Day 4:

An early morning breakfast precedes our early departure back to Coban. Here we'll walk the grounds of the Las Victorias National Park and enjoy a bit of lunch. We may even try and sneak into an orchid farm and see why Coban hosts the national orchid show each year! Then it's back on the road for the transfer to Antigua.



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Trip Information

Included in Trip Price:

- Round trip *private* transportation from Old Town Outfitters office in Antigua
- All meals from breakfast on Day 1 until lunch on Day 4
- Transport to and from caves
- All park entrance fees
- All necessary climbing and caving gear
- 3 nights hotel accommodation in Lanquin
- Full tour of Lanquin's cave systems and the Semuc Champey National Park by a local, bilingual guide with certified 1st-Aid training

Not Included (what you need to bring):

- Hiking shoes AND water shoes/sandals
- Daypack with rain cover
- Clothing for hiking and caving
- Clothing for overnights in hotel
- Rain jacket (May thru October)
- Personal toiletries and/or medications
- Camera, hat, sunglasses & sunscreen
- 1L bottle for water
- **TIP** for great service from your Old Town guide!

Price:

2 PAX - US\$599 p/p
3-6 PAX - US\$549 p/p
6+ PAX - US\$499 p/p

Every Old Town Outfitters' product is committed to honoring our sustainable tourism philosophy:

- Work to support the local communities in all of the areas we visit
- Respect the cultures, beliefs and traditions in all of the areas we visit
- Respect the environment, work to utilize resources sustainably, and minimize our impact