



3-Day Lake Atitlan Pedal & Paddle

Trip Description

Overview

This overnight trip to Lake Atitlán gives you a great mix of activities without wearing you out on any one of them. Biking, kayaking and hiking in, around and through the Lake Atitlan area - you get to experience the lake through a variety of speeds, angles and perspectives. Whether you are cruising on the crest of the caldera ridge, paddling the azure-blue waters of Atitlan, or hiking lakeside - you'll surely enjoy the fantastic views (and food!), and rest easy in one of the most beautiful hotels in all of Central America.

Itinerary - Day 1: *(Country Road Ride)*

Meet at Old Town Outfitters Shop at 8:00am where you can purchase any riding, paddling and hiking gear you might need. After meeting your guide and checking your gear, we load bags and bodies into our vehicle and set out for a 2.5hour road trip up into the highlands towards Lake Atitlan. We'll stop on the road for a coffee and bathroom break at a quaint rest-stop outside the mountain town of Tecpán (breakfast not included).

Upon arrival to the lake highlands area, we unload bikes and cyclists and fit group members to their mountain bikes and gear. We give instructions on bicycle operation, safety tips, and a brief orientation of the surrounding terrain. Everyone has a chance to ask any questions they may have, apply sunscreen, and adjust clothing layers. We start out down a steep country road traversing the high tableland above Lake Atitlan. This mostly downhill ride takes you through several small villages and towns before rounding a final ridgeline and joining the road up from the Pacific coast bound for Panajachel.

At the first vista overlooking Lake Atitlán, your guide will stop and prepare a picnic lunch (included) and orientate you to the lakeside towns and geographic features of Lake Atitlan. After lunch, we'll continue breezing down the quick and windy road to the lakeside town of Panajachel. From here, we will catch a boat to Jaibalito, and the beautiful cliffside hotel Casa del Mundo.

Casa del Mundo Hotel - perched on a cliff - affords lake-front access alongside wonderful vantage points to appreciate the lake's volcanic backdrop. We'll check-in mid-afternoon - and you'll be free to rest and relax in a hammock, enjoy the beautiful sunset, or go for a cool dip in the lake! A yummy family-style dinner (included) is served at the hotel restaurant around 6:30pm.

Day 2:

Breakfast and coffee (included) are served at 8:00am, after which our group will depart in private boat taxi to the lakeside village of San Pedro Atitlan. We'll recruit a local pickup to bring us up to the San Pedro Volcano trailhead, and begin our full-day hike to the peak of San Pedro Volcano (3020m). After our 3.5-hour ascent through lush cloud-forest - we arrive to a rocky outcropping that is the summit of Volcan San Pedro. A fresh picnic lunch (included) is provided for the group, which you can enjoy with views of the entire Atitlan highlands - and neighboring peaks Toliman and Atitlan across the Bay of Santiago.

Our descent back down to lakeside will take us through the afternoon, arriving back to our Hotel in Jaibalito in the late afternoon. After a cool dip in the lake to clean our tired bodies, we'll have the evening to rest and enjoy the wonderful views and culinary delights of our location. (Dinner included)



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Trip Description (continued)

Day 3:

Breakfast and coffee (included) are served at 8:00am, after which you will gather what you need for our paddle and lakeside hike. Paddlers don their swimsuits, apply sunscreen and meet down at the dock to load into their kayaks. We leave our hiking daypacks with our private boat taxi and board our kayaks for the north-shore paddle.

We paddle westward 1½-2 hours past small towns and villages perched high on the steep sides of sheer ridges that rise right out of waters of Lake Atitlan. After passing the villages of Jaibalito and Tzununá we cruise into the bay of San Marcos la Laguna and trade our kayaks for our daypacks and hiking gear. Climbing out of town, we head back along the ridge that we paddled by earlier, with spectacular volcanic views offered up by the surrounding peaks of Volcanoes San Pedro, Tolimán, and Atitlán. After 1.5hrs of hiking, we roll back into Casa del Mundo where lunch is waiting (included), and head back by boat - and then vehicle - to Antigua where we arrive around 6:00pm.

Trip Information:

Included in Trip Price

- Round trip *Private* transportation from Old Town Outfitters office in Antigua
- Mountain bike, helmet, gloves and water bottle
- Private Boat taxi to (and from) Hotel Casa del Mundo
- Dinner, Breakfast & Lunch at Hotel Casa del Mundo
- 2 Nights Hotel Accommodation at Hotel Casa del Mundo
- Kayak, paddle and life jacket from Jaibalito
- Volcan San Pedro National Park Entrance and Access Fees
- Full tour of Lake Atitlan by a local, bilingual guide with certified 1st-Aid training

Not included (what you need to bring):

- Hiking shoes AND water shoes/sandals
- Daypack with rain cover
- Clothing for hiking and kayaking
- Clothing for overnights in hotel
- Rain jacket (May thru October)
- Personal Toiletries and/or medications
- Camera, Hat, Sunglasses & Sunscreen
- 1L bottle for water; Flashlight
- **TIP** for great service from your Old Town Guide!

Price:

02 PAX - US\$604 p/p

03 PAX - US\$549 p/p

04-05 PAX - US\$494 p/p

Every Old Town Outfitters' product is committed to honoring our sustainable tourism philosophy:

- Work to support the local communities in all of the areas we visit
- Respect the cultures, beliefs and traditions in all of the areas we visit
- Respect the environment, work to utilize resources sustainably, and minimize our impact